

# PATIENT SYMPTOMS / COMPLAINTS

PURPOSE OF TODAY'S VISIT \_\_\_\_\_ DATE \_\_\_\_\_

**IMPORTANT:** Circle all present symptoms. Underline recent past symptoms. Sign below. Be complete.

**MUSCLE, LIGAMENT & JOINT**

**NECK:** Weakness – Pain – Stiffness – Swelling – Spasms – Disc – Limited Movement – Pain on Motion – Surgery – Throat Muscles Swollen or Sore. Worse: After Sleeping – During Day – End of Day.  
**MID BACK:** Weakness – Pain – Spasms – Soreness. Worse: After Sleeping – During Day – End of Day.  
**LOW BACK:** Weakness – Pain – Stiffness – Swelling Limited Movement – Pain on Motion – Surgery. Pain When: Sitting – Walking – Standing – Sleeping. Worse: After Sleeping – During Day – End of Day. Sacroiliac – Tailbone – Sex Impotency – Pain in Groin. Worse: After Sleeping – During Day – End of Day.

**EXTREMITIES & RADIATING PAIN**

**HEAD & HEADACHE:** Side – Front – Top – Heavy Head – Affects Vision – Produces Nausea – Throbbing – Incapacitating – Handicaps Normal Function – Migraine. Worse: After Sleeping – During Day – End of Day.  
**SHOULDER:** Local Pain – Radiates Down Arm – Pain on Movement – Limited Movement – Pain from Neck. Worse: After Sleeping – During Day – End of Day.  
**ARM:** Local Pain – Radiating Pain – From Neck – On Movement – Down Arm – Numbness – Tingling – Elbow – Wrist – Fingers – Swelling – Heaviness – Cold Hands – Grip Strength Loss – Can't Raise – Drops Things.  
**HIP, KNEES, LEGS:** Local Pain – Radiating Pain – From Back – On Movement – Down Leg – Knee (Front – Back) Numbness – Tingling – Knee Swelling – Ankle Swelling – Charlie Horses – Cramps – Spasms – Varicose Veins – Heaviness – Pain on Walking – Sitting – Prolonged Standing.  
**FEET:** Swelling – Discomfort – Pain – Pain on Walking – Pain with Back Problem – Corns – Calluses – Bunions – Fallen Arch – High Arch – Toe-in – Toe-out – Cold – Burn.

**MUSCLE & LIGAMENTS**

Sprain – Pulled – Torn – Atrophy

**SPINE & DISC**

**DISC:** Surgery – Arthritis – Curvature – Whiplash. **SPINE:** Surgery – Protrusion – Compressed – Degenerating – Deteriorating – Herniated – Ruptured

**NERVES**

Burning – Numbness – Tingling – Pins and Needles – Tremor – Nervousness – Nervous Tension – Nervous – Fatigue – Dizziness – Poor Equilibrium – Loss of Balance.

**ENERGY AND FATIGUE**

Intermittent – Constant – Occasional. Exhaustion Build up – Tired Upon Awakening – Exhaustion After Work – Must Rest During Day

**WALKING CAUSES:** Tiredness – Fatigue – Exhaustion.

**SLEEPING:** Good – Fair – Poor – Poor Due to Pain – Insomnia – Falls to Sleep – Emotional Fatigue – Excessive Sleep.

**EYE, EAR, NOSE THROAT & MOUTH**

**EYE:** Pain – Strain – Red – Blurring – Light Hurts – Double Vision – Spots – Injury – Pressure – Glasses.

**SIGHT:** Far – Near – Failing – Glasses

**EAR:** Ache – Infection – Noises – Ring – Buzzing.

**HEARING:** Good – Poor – Aid – Failing.

**NOSE:** Post Nasal Drip – Bleeding – Obstruction – Sneezing – No Smell.

**THROAT:** Sore – Dry – Hoarse – Phlegm – Enlarged Glands – Swallow.

**MOUTH:** Bad Taste – Teeth – Breath – Gums – Sores – Eruptions – No Taste.

**TEETH:** Good – Bad – Abscess – Grinding – Dentures – Fit Well – Poor.

**HEART AND CIRCULATION**

**HEART:** Slow – Rapid – Pain – Palpitation – Past Attack – Coronary – Chest Pain – Pain Down Arm – Difficult Breathing.

**BLOOD PRESSURE:** High – Low Irregular – Past Stroke – Paralysis: L – R.

Worse: After Sleeping – During Day

**CIRCULATION:** Good – Poor – Swelling.

**COLD:** Hands – Feet – Body – Varicose Veins – Hardening Arteries.

**SWEATS:** Excess – None – Hot – Cold – Night.

**BLOOD:** Problems – Disease – Anemia.

**LUNGS AND BREATHING**

**LUNGS:** Difficult Breathing – Congestion – Asthma – Emphysema – Wheezing – Bronchitis – Infection.

**COUGH:** Blood – Phlegm – Dry – Sneezing.

**STOMACH, LIVER, GALL BLADDER AND INTESTINAL**

**STOMACH:** Nausea – Pain – Ulcer – Vomiting Blood – Bile – Indigestion – Heartburn – Gas.

**APPETITE:** Good – Poor – Excess.

**LIVER:** Upset – Jaundice – Hepatitis.

**GALL BLADDER:** Attack – Infection – Stones.

**INTESTINES:** Bloat – Mucous – Constipated – Diarrhea – Hemorrhoids – Fissures – Colitis.

**KIDNEY, BLADDER & URINATION**

**URINE:** Frequent – Difficult – Burns – Blood – Pus – Irritates – No Control – Infection – Kidney Stones – Prostate – Ovaries – Bedwetting.

**SKIN**

Sensitive – Bruises – Dry – Itching – Rash – Hives – Shingles – Boils – Acne – Eruptions – Slow Healing.

**GENERAL**

**SWOLLEN LYMPH NODES:** Neck – Underarm – Groin – Face – Pallor – Chills – Fever – Flu – Virus – Chronic Cold – Cough.

**SINUS:** Congestion – Headaches – Sneeze.

**WEIGHT:** Over – Under – Loss – Gain.

**REACTION TO DRUGS:** Occasional – Mild – Severe.

**PERSONAL HABITS**

Hours of regular sleep at night \_\_\_\_\_  
 Amount of Smoking \_\_\_\_\_ Pkg / day  
 Amount of Coffee/Tea \_\_\_\_\_ Cups / day  
 Amount of Alcohol \_\_\_\_\_ Week  
 Hrs. Regular worked \_\_\_\_\_ Day \_\_\_\_\_ Week

**PERSONAL INJURIES & ACCIDENTS (dates)**

**AUTO ACCIDENTS:** Recent – Past \_\_\_\_\_

**WORK INJURIES:** Recent – Past \_\_\_\_\_

**FALLS & OTHERS:** Recent – Past \_\_\_\_\_

GIVE DOCTOR FULL DETAILS

**FOR WOMEN ONLY**

**MENSTRUAL:** Cramps – Backache – Excess Flow – Difficult – Irregular – Tension.

**MENOPAUSE:** Symptoms – Hot Flashes – Estrogen.

**VAGINAL:** Discharge – Irritation – Odor.

MISCARRIAGES \_\_\_\_\_ PREGNANCIES \_\_\_\_\_  
 Unable to Become Pregnant. Self / Husband  
**Currently Pregnant**

Absolutely no patients accepted for diagnosis or treatment of Cancer. Suspected cases of Cancer are immediately referred.

DATE \_\_\_\_\_

PATIENT SIGNATURE \_\_\_\_\_

GUARDIAN SIGNATURE \_\_\_\_\_